

Transform Your Healthcare Organization.



Tobacco is the number one cause of preventable death in New York State¹

30k

Smoking and secondhand smoke kills over **30,000** New Yorkers.²

1.6m

The number of adults in New York State **that currently smoke.**³



Nearly **70% of adults** who smoke say they want to quit.⁴



The odds of quitting smoking **double** when patients work with a healthcare provider.⁵

1 in 5

Nearly **1 in 5** adults who report frequent mental distress smoke, compared to about 1 in 10 overall.⁶

**ASK
ADVISE
ASSESS
ASSIST
ARRANGE**

The **5 A's** are a clinical guideline for treating tobacco use and dependence.⁷



Approximately **55%** of people who smoke reported that their healthcare provider offered assistance in quitting.⁸

\$9.7b

Annual health care costs in New York **directly caused by smoking.**⁹



[NYHealthSystems.org](https://www.nyhealthsystems.org)

Double your patient's odds of quitting tobacco. Visit us online and get started.

^{1,2} U.S. Department of Health and Human Services. (2014). The Health Consequences of Smoking-50 Years of Progress: A Report of the Surgeon General. https://www.ncbi.nlm.nih.gov/books/NBK179276/PDF/Bookshelf_NBK179276.pdf. ³ Fajobi, O. Hunter, L. Peluso, C. (2022). BRFSS Brief. Cigarette Smoking, New York State Adults. https://www.health.ny.gov/statistics/brfss/reports/docs/2024-09_brfss_cigarette_smoking.pdf. ⁴ Quitting Tobacco: Facts and Stats: <https://truthinitiative.org/research-resources/quitting-smoking-vaping/quitting-tobacco-facts-and-stats>. ⁵ Fiore, M., Jaen, C., Froelicher, E., Baker, T., & Baily, W. (2008). A clinical practice guideline for treating tobacco use and dependence: 2008 update. American Journal of Preventive Medicine, 35(2): 158-176. ⁶ Disparities in Current Cigarette Smoking Among US Adults With Mental Health Conditions: https://www.cdc.gov/pd/issues/2022/22_0184.htm. ⁷ New York State Department of Health Bureau of Tobacco Control StatShot Vol. 15, No. 3/Aug 2023. ⁸ Research Triangle Institute. (2020). The Health and Economic Burden of Smoking in New York. https://www.health.ny.gov/prevention/tobacco_control/reports/docs/health_and_economic_burden.pdf



Improve Health Outcomes with Tobacco Treatment Strategies

The Healthcare Challenge

Tobacco use disorder remains a leading cause of preventable death in New York State, driving chronic conditions and increasing healthcare costs. As a **healthcare leader**, you can make a difference by integrating evidence-based tobacco treatment strategies into your existing workflow.

Why Partner with Health Systems for a Tobacco-Free NY (HSTFNY)?

Health Systems for a Tobacco-Free NY offers tailored, **COST-FREE** support to help healthcare organizations:

- **Sustainable Change:** Embed tobacco treatment into workflows and EHR systems.
- **Empower Your Team:** Utilize screening systems, training and resources.

Proven Strategies

Studies show that when people who smoke work with their healthcare providers, it **doubles their odds of successfully quitting tobacco**. Implementing tobacco use treatment interventions at your healthcare organization will help ensure that people are getting treated properly for tobacco use.

Act Today

Connect with a Regional Tobacco Treatment Specialist to learn how we can help your organization lead in tobacco use disorder treatment.

Learn more or schedule an appointment today. Visit: **[NYHealthSystems.org](https://nyhealthsystems.org)**

Health Systems for a Tobacco-Free NY (HSTFNY) is grant funded by the New York State Department of Health's Bureau of Tobacco Control. Our mission is to reduce tobacco-related morbidity and mortality by partnering with healthcare systems to help their patients quit smoking.

